

## Spinach, Egg, and Bacon Casserole

Serves 6 to 8

### Ingredients:

Olive-oil cooking spray  
8 large eggs  
2 teaspoon kosher salt  
1 teaspoon freshly cracked black pepper  
2 10-ounce packages frozen chopped spinach,  
thawed, squeezed dry  
2 16-ounce containers cottage cheese  
2 bunches scallions, thinly sliced  
2 cups sharp cheddar cheese, grated  
1/2 cup all-purpose flour  
1/2 pound thickly cut bacon, cooked and  
roughly chopped  
3 tablespoons chopped fresh parsley



### Procedure:

1. Preheat oven to 350 degrees.
2. Spray an 8x11 rectangle or 2.5 quart oval baking dish with cooking spray.
3. In a large mixing bowl, beat together the eggs, salt, and pepper. Mix in the remaining ingredients.
4. Transfer the egg, cheese, and spinach mixture to the prepared baking dish.
5. Bake the casserole until the center is firm and the top is golden, about 45 minutes.

Recipe was modified from original source: Pop Sugar Foods

<https://www.popsugar.com/food/Green-Eggs-Ham-Recipe-28774257>

## Spinach, Egg, and Bacon Casserole

Serves 3 to 5

### Ingredients:

- Olive-oil cooking spray
- 4 large eggs
- 1 teaspoon kosher salt
- 1/2 teaspoon freshly cracked black pepper
- 1 10-ounce package frozen chopped spinach, thawed, squeezed dry
- 1 16-ounce container cottage cheese
- 1 bunch scallions, thinly sliced
- 1 cup sharp cheddar cheese, grated
- 1/4 cup all-purpose flour
- 1/4 pound thickly cut bacon, cooked and roughly chopped
- 3 tablespoons chopped fresh parsley



### Procedure:

1. Preheat oven to 350 degrees.
2. Spray a 7x7 square or 1.5 quart oval baking dish with cooking spray.
3. In a large mixing bowl, beat together the eggs, salt, and pepper. Mix in the remaining ingredients.
4. Transfer the egg, cheese, and spinach mixture to the prepared baking dish.
5. Bake the casserole until the center is firm and the top is golden, about 45 minutes.

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